

UPDATED:

COUNTRY HEALTH ALERTS AND CURRENT OUTBREAKS:**HIGHLY RECOMMENDED VACCINATIONS:****COUNTRY SPECIFIC VACCINATIONS AND PROPHYLAXIS:**

Travelers should remain up to date on all highly recommended vaccinations.

ENDEMIC (regularly occurring) DISEASE BY MODE OF TRANSMISSION**Soilborne and Waterborne****Insectborne****Animalborne****Human-to-Human****GENERAL PREVENTIVE MEASURES****Soilborne and Waterborne:** Avoid wading or swimming in potentially contaminated water. Drink only bottled water.**Insectborne:** Wear long-sleeved shirt, long pants, and hat. Treat clothing and gear with permethrin (insecticide). Sleep in air-conditioned or screened rooms. Use bed netting. Complete full-body tick check daily. Use insect repellent with at least 20% DEET. If wearing sunscreen, apply it first and allow it to dry completely before applying insect repellent.**Animalborne:** Avoid contact with animals, including domesticated animals. Avoid contact with human or animal body fluids.**Human-to-Human: Body fluid:** Avoid infected body fluid whether on hard surfaces, bedding, clothing, or elsewhere. Wear personal protective equipment when in contact with body fluids. **Droplet:** Avoid close contact with infected people when they cough, sneeze, talk, or breathe. When near an infected person, maintain physical distance, wear a mask, and cover mouth and nose when coughing or sneezing. **Airborne:** Avoid long-term contact and close proximity with infected people.Additional endemic/outbreak disease-specific information can be found on **page 2**.**CONTACT INFORMATION:** Chief Medical Office on-call staff: +1 828-616-9393 (avail. 24/7) | CMOTravelHealth@samaritan.org**ADDITIONAL RESOURCES:** travel.state.gov/content/travel/en/international-travel.html | wwwnc.cdc.gov/travel/who.int/travel-advice |

TRAVEL HEALTH | Country-Specific Disease Key Points

DISEASE | SEASONAL CYCLE MODE OF TRANSMISSION | VECTOR INCUBATION PERIOD | SYMPTOMS

The intent of the Risk Advisory and Recommendations is to provide a summary of current infectious disease risk and mitigation measures. The information is as current as the date updated and is subject to change. Travelers are encouraged to contact the Chief Medical Office (CMOTravelHealth@samaritan.org) and access the sites listed under “Additional Resources” (page 1) for more information.



Samaritan's Purse®, Franklin Graham, President
P.O. Box 3000, Boone, NC 28607 | samaritanspurse.org
 SamaritansPurse @SamaritansPurse @SamaritansPurse | © 2026 Samaritan's Purse.